

I am reflective

Reflection is both a specific disposition and a process that enhances other dispositions. It involves critically analysing past experiences, successes, and failures to transform surface learning into deep learning. Reflective learners habitually pause to consider what they are learning, how they are learning it, and what they could do differently, making their thinking visible.

When I am reflective in my learning...

I know where I am in my learning

Strategies for Self-Assessment

Show me Thumbs: Students use hand signals to quickly show their level of understanding (thumbs up, down or in the middle).

Formative assessment: Throughout the lesson, students briefly answer questions about their learning. At the end of the lesson, what are the 'golden nuggets'?

"I Can" Statements: Students review checklists of learning objectives to tick off what they have mastered.

Goal Setting & Tracking: Students monitor their own progress toward specific, actionable goals.

Visual Aids: Using rubrics or exemplars of work at different levels to help students compare their own work and see where they are on the proficiency scale.

I see feedback as a way to improve

Strategies for Normalising and Utilising Feedback

Foster a Growth Mindset: Teach children that mistakes are a necessary part of the learning process, not a reflection of their intelligence.

Use Specific, Actionable Language: Avoid vague praise. Instead, use methods like WWW (What Went Well) and EBI (Even Better If) to clearly outline strengths and actionable improvements.

Implement the "Feedback Sandwich": Structure feedback by starting with a positive observation, offering a specific suggestion for improvement, and ending with encouragement.

Encourage Self-Assessment: Use checklists and rubrics that allow children to evaluate their own work against criteria before submitting it.

Utilise Peer Feedback: Use 'Grow Coaching' to train students to provide constructive, kind, and specific feedback to classmates.

I am proud of my efforts and achievements

Strategies for Fostering Pride

Praise the Effort, Not Just the Result: Focus on the hard work, improvement, and persistence. Examples include, "You worked really hard on this project" or "I am proud of you for practicing".

Celebrate Small Wins: Recognise small successes and incremental progress to build long-term confidence.

Reflect on Past Challenges: Ask children to remember times they thought they couldn't do something but eventually succeeded, such as learning a new skill or passing a test.

Reward Charts: Use systems where children earn Dojo points or stickers for reaching milestones or demonstrating positive values.

Display Work: Showcase their art, projects, or good grades to show that their work is valued.

Encourage Independence: Allow them to take ownership of their own work to build a sense of responsibility and pride.

Celebrate Individuality: Encourage them to be proud of their unique skills and perspectives. Encourage children to reflect on their own progress rather than measuring themselves against others.