

# What's on the menu?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Autumn-Winter 2021-2022	<b>Week One</b> w/c	Beef Bolognese with Fusilli Pasta & Herbed Garlic Bread	Pizza Margherita with 'Street Corn' Salad	Jerk Chicken with Coconut Pilaff & Pineapple Relish	Chilli Beef Jacket with Salsa & Sour Cream or Jacket Potato with Cheese & Baked Beans	Battered Fish with Chips & Tomato Sauce
	1 <sup>st</sup> Nov	Baked Onion Bhaji with Chick Pea Dhal & Tomato & Coriander Chutney	Moroccan Style Roasted Vegetable Tagine with Cous Cous	Wholemeal Cheddar Cheese & Spinach Quiche with Herbed New Potatoes	Tomato & Basil Pasta with Carrot & Cumin Bread	Barbeque Style Red Bean & Sweet Potato Balls with Rice or Chips
	22 <sup>nd</sup> Nov					
	13 <sup>th</sup> Dec					
	17 <sup>th</sup> Jan	Peach Oaty Crumble with Custard	Orange Shortbread with Fruit Wedges	Chocolate Sponge with Chocolate Sauce	Apple Flapjack with Custard	Berry & Lemon Cupcake
	7 <sup>th</sup> Feb					
	<b>Week Two</b> w/c	Chicken Korma with Rice & Naan Style Bread	Chicken Sausages with Mashed Potatoes	Minced Beef Slice with Potato Wedges	Macaroni Cheese with Tomato & Herb Breadstick	Battered Fish with Chips & Tomato Sauce
	8 <sup>th</sup> Nov	Butternut Squash Frittata with New Potatoes	Mexican Style Sweet Pepper & Bean Enchilada with Tomato & Coriander Salsa & Rice	Cornish Style Vegetable Pasty with Potato Wedges	Sweet Chilli Salmon with Lemon Rice	Turkish Style Red Lentil Kofte Wrap with Rice or Chips
	29 <sup>th</sup> Nov					
3 <sup>rd</sup> Jan						
24 <sup>th</sup> Jan	Carrot & Pineapple Cake with Custard	Apple & Cinnamon Crumble with Custard	Ice Cream with Peaches	Toffee Apple Sponge with Custard	Chocolate Brownie with Orange Wedges	
<b>Week Three</b> w/c	Crispy Chinese Style Chicken with Sweet Chilli Sauce & Spiced Vegetable Rice	Cottage Pie	Herb Roast Chicken with Sage & Onion Stuffing & Roast Potatoes	Chicken, Tomato & Basil Pasta with Chef's Salad	Battered Fish with Chips & Tomato Sauce	
15 <sup>th</sup> Nov	Vegetable Hot Dog in a Roll with Potato Salad & Barbeque Sauce	Pesto Style Pasta with Tomato & Cheddar Swirl Bread	Cauliflower & Broccoli Cheese with Roast Potatoes	Jamaican Style Vegetable Pattie with Rainbow Coleslaw & Sweetcorn Rice	Sweet Potato Falafels in Wholemeal Pitta with Tomato & Mint Relish & Chips	
6 <sup>th</sup> Dec						
10 <sup>th</sup> Jan						
31 <sup>st</sup> Jan	Lemon Sponge with Custard	Pineapple & Coconut Flapjack with Fruit Wedges	Chocolate & Orange Marbled Sponge with Chocolate Sauce	Spiced Apple & Parsnip Cake with Custard	Harrison Bear Chocolate Shortbread with Fruit Wedges	

**Available daily:** Choice of Salads ~ Selection of Vegetables ~ Freshly Baked Bread ~ Fresh Fruit ~ Yoghurt



Look out for monthly featured ingredients.

