

The background of the page features a light blue sky with white clouds at the top. Below the sky, there is a brown school building with large windows. In the foreground, two children are walking towards the school. On the left, a girl with brown hair in a ponytail, wearing a blue shirt and a grey skirt, is walking. On the right, a boy with dark skin, wearing a blue shirt and a grey skirt, is walking. The overall scene is bright and cheerful.

Leave the Car at Home and Walk to School!

1

Walking is good for your body - daily exercise helps us feel fit and healthy.

2

Walking is good for the environment - walking is the most environmentally friendly way to travel.

3

Walking can make you feel happy - walking makes you feel more positive and ready to start the day.

4

Walking is good for your relationships - having a walk is a great opportunity to spend quality time with family and friends.