

Whitehorse Manor Infants and Junior School Lunch Menu from January 2021

Week 1

| Monday (Meat Free) | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| Butternut Squash & Spinach Curry with Rice | Mexican Style Beef Wrap with Sweetcorn Salsa & Rice | Sausages with Mashed Potatoes and Gravy | Cheese & Tomato Pizza with Tomato Pasta Side | Piri Piri Style Chicken with Chips |
| Pasta Italiane With Garlic & Herb Breadsticks | Pesto Style Pasta | Carrot & Leek Sausages with Mash and Gravy | Jacket Potato with Savoury Minced Beef | Mediterranean Style Vegetable Parcel with Chips |
| Selection of Vegetables | Selection of Vegetables | Selection of Vegetables | Selection of Vegetables | Selection of Vegetables |
| Salad Selection | Salad Selection | Salad Selection | Salad Selection | Salad Selection |
| Garlic & Herb Breadsticks | Freshly Made Bread | Freshly Made Bread | Freshly Made Bread | Freshly Made Bread |
| Pineapple & Coconut Flapjack | Harrison Bear Chocolate Shortbread with Orange Wedges | Apple Sponge with Custard | Strawberry Ice Cream With Fruit Wedges | Lemon Cake with Custard |
| Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter |
| Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt |

Week 2

| Monday (Meat Free) | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| Macaroni Cheese | Beef Madras with Rice & Naan Style Bread | BBQ Style Chicken with Potato Wedges | Jamaican Style Lamb Pie with Mashed Potatoes | Battered Fish Fillet with Tomato Ketchup & Chips |
| Mixed Bean Enchilada with Vegetable Rice, Coriander & Tomato Salsa | Sweet Potato Stir with Rice | BBQ Style Bean Ragout with Potato Wedges | Cheese & Chive Vegetable Pasta | Chilli Bean Wrap with Sweetcorn Salsa & Chips |
| Selection of Vegetables | Selection of Vegetables | Selection of Vegetables | Selection of Vegetables | Selection of Vegetables |
| Salad Selection | Salad Selection | Salad Selection | Salad Selection | Salad Selection |
| Freshly Made Bread | Naan Style Bread | Freshly Made Bread | Freshly Made Bread | Freshly Made Bread |
| Orange Sponge With Custard | Apple & Cinnamon Crumble with Custard | Wholemeal Orange Shortbread with Fruit Wedges | Chocolate Sponge with Chocolate Sauce | Jelly with Peaches |
| Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter |
| Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt |

Week 3

| Monday (Meat Free) | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| Roasted Sweet Pepper & Herb Jambalaya | Beef Bolognese with Penne Pasta & Garlic & Herb Bread | Herb Roast Chicken with Roast Potatoes & Gravy | Tomato Topped Macaroni Cheese | Minced Beef Pastry Slice with Chips |
| Jacket Potato with Baked Beans & Cheddar Cheese | Vegetable Bolognese with Penne Pasta & Garlic & Herb Bread | Sweet Potato & Parsnip Wellington with Roast Potatoes & Gravy | Thai Style Salmon Fishcake with Sweet Chilli Sauce & New Potatoes | Caribbean Style Vegetable Curry with Rice |
| Selection of Vegetables | Selection of Vegetables | Selection of Vegetables | Selection of Vegetables | Selection of Vegetables |
| Salad Selection | Salad Selection | Salad Selection | Salad Selection | Salad Selection |
| Freshly Made Bread | Garlic & Herb Bread | Freshly Made Bread | Freshly Made Bread | Freshly Made Bread |
| Wholemeal Lemon Shortbread with Fruit Wedges | Spiced Parsnip & Apple Cake With Custard | Chocolate Marbled Sponge with Chocolate Sauce | Oatmeal & Raisin Cookie with Fruit Wedges | Carrot & Pineapple Cake with Custard |
| Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter | Fresh Fruit Platter |
| Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt | Fruit Yogurt |

