

Trust activity – Pegasus People – “We Care”



Write letters to care homes

Many people who live or work in care homes are feeling very isolated because they cannot have visitors at the moment.

To help lift their spirits, why not write a letter to someone you don't know who lives in or works as a carer in a care home near you?

Begin your letter with "My Dear New Friend", (you can use this on the envelope too) then write about whatever you want: tell them about your interests, favourite food, your school, your ambitions, what you have been learning at school and how learning has changed over the past month or so! You may want to draw a picture that they can put up in their room to brighten the place up!

At the end, include your name – you could let them know the name and address of your school in case they want to write back to you.

Ask a parent or carer to include a note to explain that you hoped that there maybe someone wanting to receive a letter.

Here are the names and addresses of some care homes in our local area, you can choose one of the homes on the maps if you prefer!

Kimberley Road Care Home

44 Kimberley Rd, Croydon CR0 2PU

Beulah Lodge

51 Beulah Rd, Thornton Heath CR7 8JH

Thornton Lodge

105 Brigstock Rd, Thornton Heath CR7 7JL

Graceland Care Home

113 Parchmore Rd, Thornton Heath CR7 8LZ

Dunheved Lodge

9 Dunheved Rd N, Thornton Heath CR7 6AH

Clarendon Nursing Home

7A Zion Pl, Thornton Heath CR7 8RR

