

Parents' Coffee Morning

for those with children who have SEND



Tuesday 4th July 2023



Welcome and who's who



Lynne Sampson

Executive Head
(Pegasus)



Jolyon Roberts

Executive Head
(Pegasus)



Jo Sorensen

Head of
Lower School



Claire Binks

Acting Head of
Upper School



Suelaka Ebrahim

Inclusion
Manager/SENDCo



Marsha Douglas

Chair of MACS/
SEND focus



SEND provision and updates at Cypress



- SEND can cover a broad range of needs which include speech, language and communication needs, behavioural, emotional and social difficulties, specific learning difficulties, moderate learning difficulties, profound and multiple learning difficulties, multi-sensory impairment, visual and hearing impairment, physical development and Autistic Spectrum Disorders.
- Around **18%** of children at CYP (inc. Nursery) are on our SEND register and we currently have 7 children with EHCPs. This is broadly in line with national.
- Most children on the SEND register have involvement from external agencies (SALT, EP, Paediatrician, CAMHS, Sensory Support team etc) and we then follow recommendations.
- We are a mainstream school where 'Quality First Teaching' is effective.
- SEND Pupil Passports provide individual targets for children with SEND.

<https://www.pegasusacademytrust.org/special-educational-needs-and-disabilities-send>



Developing SEND and Inclusion provision at Cypress – what's new since Sept'22?



- MHST (Mental Health Support Team)
- School led Coffee Mornings with a focus on specific areas of SEND (e.g. S&L, ASD)
- 1:1 emotional well-being support
- Love To Communicate – screened every Reception child, carried out assessments and now groups/ 1:1s are taking place, staff training
- National Autistic Society (NAS) Coffee Morning for parents and course ran at CYP
- We've joined the Local SEND Locality to gain funding for pre-EHCP children
- ASD and SALT training for identified staff
- Seve the Cypress Super Dog!
- Makaton sign of the week introduced
- MHST Coffee Morning



Autism
Education
Trust



Interventions at Cypress



In addition to Quality First Teaching, we have a number of interventions at Cypress to support children with a range of needs. Children do not have to be on our SEND register to access these school-based interventions.

Love to Communicate (SALT)	Small group support	Preview (maths and literacy)	MHST (Mental Health Schools Team)	Seve the Cypress Superdog	Speech and Language groups
Circle of friends	Bucket time	Draw and talk	Precision teaching	Catch-up maths groups	Social skills
Curriculum adaptations/ differentiation	Specialist equipment/ resources	Sensory input (movement breaks, quiet spaces)	Increased adult support (e.g. 1:1)	Keep-up phonics/ super-supported blending	5 minute box (maths)
Lexia	Touch typing	1:1 reading	Little Wandle phonics	Forest School nurture groups	Handwriting





Support for families

- Croydon SENDIASS provides free, confidential and impartial information, advice and support. They also have a range of useful resources on their website.
<https://www.kids.org.uk/croydon-sendiass>
- Croydon Local Offer -
<https://localoffer.croydon.gov.uk/kb5/croydon/directory/home.page>
- Chatterbox (S&L Nursery support)
- MHST supporting families



Support for families



Stepping Stones Triple P

A strength-based, 9 week parenting programme to support parents' confidence in managing and understanding their child's behaviour in the context of their additional needs and/or disability. This group is aimed at parents and carers of children aged 0-12 who have a special educational need or disability (SEND). Sessions consist of a mix of one to one discussions and group sessions.

Facilitators will contact parents prior to the start of the group to discuss parents' goals and individual needs.

Prior to the start of the programme: Introduction/ one to one discussion (phone or MS teams)

Week 1: Group session – What is positive parenting?

Week 2: Group session – Promoting children's development

Week 3: Group session – Teaching new skills and behaviours

Week 4: Group session – Managing misbehaviour and parenting routines

Week 5: Group session – Planning ahead

Week 6 – Week 8: One to one discussions (phone or MS teams)

Week 9: Final virtual group session – Review and celebration

Dates	Day	Time	Venue
20.09.23 - 15.11.23	Wednesdays	12.15pm – 2.45pm	Kensington Avenue Primary School and Children's Centre Kensington Avenue Thornton Heath CR7 8BT <i>Crèche available for under 5s</i>
12.09.23 – 07.11.23	Tuesday	5pm – 7pm	Virtual group – MS Teams



Support over the summer



Summer Camp

August 1st - 18th
Tues - Friday

Ages 8 - 16

Samuel Coleridge Taylor Centre
194 Selhurst Road
South Norwood
SE25 6XX

Sports, arts and crafts,
Board Games, Gaming and
many more fun activities!

For more info and registrations
Contact:
holidayyet@croydon.gov.uk

YOUNG CROYDON **CROYDON** | Delivering for Croydon
www.croydon.gov.uk

Summer Camp
Presents
"Primary to Secondary School Transition Week"

August 22nd - 25th
Tues - Friday

Ages 10 - 11

Samuel Coleridge Taylor Centre
194 Selhurst Road
South Norwood
SE25 6XX

This week will focus on increasing confidence and reducing anxiety in relation to moving from Year 6 to Year 7 using tips, tricks and tools to make the transition easier.

For more info and registrations
Contact:
holidayyet@croydon.gov.uk

YOUNG CROYDON **CROYDON** | Delivering for Croydon
www.croydon.gov.uk



**SPECIAL EDUCATIONAL NEEDS &
DISABILITY INFORMATION, ADVICE,
SUPPORT (SENDIAS) SERVICE
CROYDON**

FRIDAY DROP - IN SESSIONS

10 am - 12 noon, term time only at

Carers Support Centre

Croydon SENDIAS service offers independent, impartial and confidential free advice and support for parents and families who have children or young people with Special Educational Needs and/or Disability (SEND).

If you need legal advice, support or assistance with:

- EHCP process
- Requesting EHC needs assessment
- Annual EHCP review process
- Appealing LA's decisions/Tribunal process
- Discussions and meetings with school/Local Authority on SEND,

SEND DROP - IN sessions on Fridays continue to support parents face to face from 10 am to 12 noon, term time only.

Come along or book a session:

Email: Aida.Simkiene@kids.org.uk

Email: Croydon@kids.org.uk

Phone: 07788391883

Facebook:



<https://www.facebook.com/CroydonSendias>

Keep up to date with us:

www.kids.org.uk

KIDScharity

0207 359 3635

KIDScharity

Registered charity number: 215598



Giving
disabled children
a brighter future

ola@caleidoscope.org.uk
07846288466

Inclusive Hearts

Empowering Minds

**Support services for
families with autistic
children**

We offer specialist support for families:

- educational workshops
- 1:1 support (Attention Autism , Intensive Interaction , LEGO Therapy, Support Behaviour Plan, Mindfulness)
- Autism Assessment
- LEGO Club at The Arc

LEGO Robotics coming soon!



www.caleidoscope.org.uk



Coffee Morning



End of term parent session Potential Guest Speaker TBC

We are a collective group of Parents & Carers who have children and or young people with Special Educational Needs and Disabilities.

Our aim is to give the Parents & Carers of Croydon a voice in shaping, developing & influencing services & policies that affect our families.

Please come and join us for a cup of tea/coffee and a biscuit or two at our coffee morning. We look forward to seeing you!

Date & Time: Thursday 13th July 2023, 10am to 12pm



Meeting Room 3,
Carers Centre,
24 George Street,
Croydon,
CR0 1PB



Book your free ticket at Eventbrite



For more information please
email us at:

Coordinator@croydonactivevoices.org.uk

Transition



- Lots of activities normally happen at Cypress at all transition points
- Visits to different areas they may experience in the school
- Visiting new classrooms and meeting their new teacher
- Joining assembly, playtime and lunchtime if moving to year 3
- For some children we create transition booklets to support over the holidays
- Individual or small group visits
- Detailed handover notes and discussions between teachers



What can you do?

Consider holding onto some routine while being adaptable

- The last few days of the summer term are likely to have been a bit different to normal days at school, which should help ease the transition into the holidays. If your child craves routine, incorporate some of your usual activities into the first few weeks of the summer holidays. This might be getting up at the same time, wearing a school uniform, eating a packed lunch or even doing a bit of schoolwork each day
- Every child is different, and some children may be happy to say goodbye to school for a few weeks as soon as the clock hits 3 pm on the last day of term. Others may gradually want to reduce the number of term-time routines they keep in place over the holidays, while some may want to keep them running all the way through. Whatever course your child takes, it's useful to start incorporating some of the school routines back into life in the last week or so of the holidays so that it's not too much of a shock when school starts again in September

Get talking...

- Use [prompt questions](#) to initiate conversations about change and transition and [what your child might like to do over the summer holidays](#). Let them be involved in making plans – this will help them to feel they have some control over events.
- In terms of starting a new school or a new class, sometimes children won't know what they don't know – there might be issues around change that they haven't thought about yet. While it's great that they aren't feeling worried about change and transition, gently asking a few probing questions to get them thinking ahead to September might help ease the way once you get there

Have plans for the first week

- The first week of the summer holidays is the most crucial – start off well, and it will set the mood for the rest of the holidays. The first few days of a change in routine or setting are always the most difficult for children who need help to adapt, so make sure the first week includes some routine and some of your child's favourite things to allay any fears.

Keep up with friends over the summer

- Seeing familiar faces outside of school will not only help your child to stay connected to friends so that the relationships are still there in September but will also help to build bridges between school and the long summer holidays.

Keep a record

- Encourage your child to keep a record of what they're doing during the summer holiday to show to their teacher and TAs when they return to school, [a holiday scrapbook](#) for example. As well as helping your child to keep busy and continue developing their skills over the holidays, this will help them keep in mind that the holidays are only for a finite period of time and that they will be going back to school soon

Don't feel you have to fill every moment

- It can be easy, with a child who craves routine, to feel that you have to fill every moment of the holiday with activities but remember that children need downtime too. You know your child best – whether they'd prefer short stop-gaps of downtime in-between bursts of activity, or day-long pyjama days when they (and hopefully sometimes you!) can drift through the hours enjoying no restraints, timetables or demands

September's coming...

- Gradually build up to returning to school as the weeks go by. Bring it (casually) into conversation often to remind your child that it's on the horizon. If your child is feeling anxious about returning to school, [Twinkl's Talking Prompts](#) and possibilities can help you work through some of your child's worries and the possible solutions. Look at pictures of key adults.
- Intersperse school provision shopping throughout the holidays – perhaps for uniform one week, school shoes the next and stationery the following week. Not only will this make back-to-school shopping more manageable (and ensure you're not left scraping the barrel with whatever shops have left!), but it'll also help consolidate in your child's mind that they are going back to school soon. Letting them choose their stationery, and perhaps a new school bag will give them ownership over going back to school and help them feel they have some control.

- Make use of any resources that your child's teacher may have given you to help your child transition back into school. You can also find lots of [helpful resources to keep summer brains ticking over](#) on the Twinkl website, as well as useful resources and activities around going back to school (see support pack below).
- If your child needs a boost about going back to school, this feel-good video celebrates all that's good about going back to school and is sure to lift their spirits!

Transition to Secondary School:

Top Tips for Parents and Carers

The transition from primary to secondary school is a significant step in your child's life. They may be filled with excitement about the prospect of going to a new school but inevitably there will be nerves along the way too. So what can parents and carers do to ensure the change is as smooth as possible? Read our ten top tips for advice and support.

1. Encourage them to be independent. In the last year of primary school, support your child to become more independent in their day-to-day lives. Encourage them to be responsible for their PE kit, books and homework so that they can be prepared when it comes to secondary school. Get them in the habit of having their school bag packed the night before. Create a homework or activity timetable together to help them plan ahead.
2. Practise. A new school often means a different journey to get there. Practise getting to school ahead of your child's start date, whether they are walking, getting the bus or travelling by car. Make sure your child has a pass or change if travelling by public transport and try to do a practice run at the relevant time of day. Make sure your child knows which entrance to go to if it is a large school site. Arrange to meet a friend on the first day so that they can walk in together.
3. Be tech ready. Find out what your child's new school rules are surrounding mobile phones. Be prepared for requests from your child to join social media sites (most have a minimum age requirement of 13). Now is a good time to reinforce rules about how to stay safe online, as well as rules surrounding personal safety and mobile phones. For example, remind them to look up when walking home and crossing roads and not be distracted by a mobile screen.
4. Listen to what they have to say. Talk to your child about how they are feeling about moving school. Reassure them that everyone is in the same boat and it is natural to feel a little nervous. Talk to them about your own experiences of moving to secondary school and explore any worries your child may have together. Encourage them to ask if they can't find their way around school or if they're unsure how to do something.
5. Encourage them to be organised. Make sure your child understands their timetable and encourage them to make a note of the books and the equipment they'll need to take in each day. Prior to starting school, get ahead with organisation by looking at the school website. For example, is there a layout of the school or information about how to get a locker or a prepaid swipe card at the canteen?

Top Tips for Parents and Carers

6. Be positive. Focus on the good things that are about to happen. Talk to your child about what they are looking forward to in secondary school and discuss all the exciting opportunities that will come their way. What new subjects will they be studying? Will they be learning any new sports?
7. Encourage them to have confidence when it comes to making friends. If possible, arrange to meet up with other children over the summer holidays who are attending the same school. When your child starts their new school, are there any extra curricular activities they can join in where they can meet new friends? Reassure them that friendships can often take time to develop and not to panic if they haven't made friends immediately. It might be a good idea to make time to see old friends too.
8. Support learning at home. Create a 'homework station' where your child can sit down and concentrate on their homework. Make sure they have space for their books, access to a computer and, if possible, a printer. Encourage them to make a note of homework deadlines in a diary or calendar to help them organise their time.
9. Information and key dates. As a parent or carer, it's important to be organised too. Look on the school website and make a note of any key dates in your diary. If possible, become involved in your new school community in some way, whether it's helping out with PTA events or keeping in touch with other parents online. This will help you build a new network of support.
10. Prepare yourself. The transition to secondary school can be a big change for parents and carers too. Try to take every opportunity to familiarise yourself with your child's new school, such as attending open evenings and induction events. Let your child know that you are always there to support them but remember that you don't always have to have all the answers. The staff at your child's new school are there to help and support you too.

Any questions or feedback?



Save the dates!

Next SEND Coffee morning – Autumn term

