

Dear Parents/Carers,

Road Safety Week 21st - 25th November

This year's theme is 'Safe Roads for All' and we will be running a range of activities during the week to raise awareness.

Wednesday 23rd November - 'Be Seen, Be bright' walk to and from school campaign

Please encourage your children to wear something bright and colourful on their way to and from school; a hat, coat or something reflective or carry a bright bag to highlight the 'Be Seen, Be bright' campaign. They do not need to wear this during lessons- only on their way to and from school.

Friday 25th November - Pedometer Challenge Competition We will be introducing a challenge to encourage children to walk to school. Please look out for the Challenge sheet in your child's bag ready to start it on Monday 28th November.

Cypress Primary has a gold accreditation for its STARS travel plan and we are committed to educating pupils to travel safely and sustainably thereby reducing carbon footprints, contributing to cleaner air and encouraging healthier lifestyles. Information can be found at <https://stars.tfl.gov.uk/>

Yours faithfully,

Afjana Khatun and Fiona Jerman

Stars Travel Plan Leaders



Pupil Pedometer Challenge!

Name:.....

Class:.....

Day	Date	Number of steps	Miles
Monday am	28.11.2022		
Monday pm	28.11.2022		
Tuesday am	29.11.2022		
Tuesday pm	29.11.2022		
Wednesday am	30.11.2022		
Wednesday pm	30.11.2022		
Thursday am	1.12.2022		
Thursday pm	1.12.2022		
Friday am	2.12.2022		
Friday pm	2.12.2022		
Total			

(To find out how many miles you walked, multiply the number of steps by 0.0005)

1. Ask the adult you walk to school with to record how many steps you take on your journey to and from school from **Monday 28th November – Friday 2nd December 2022.**
2. Record the amount of steps over the week, total them up and then hand the sheet back to your teacher.
3. **We will record the child from each class who does the most steps on the STARS notice board!**

Remember.....Active Travel is the best way to go!