

Croydon Autism Support

Support for families after diagnosis.

Practical and emotional support, advice, information and strategies for families of autistic children and young people living in Croydon.

- **&** 0203 005 4335
- Croydon.familysupport@nas.org.uk

One to One Support

An opportunity for parents and carers to meet with our Family Support team and;

- Discuss your child's needs
- Understand more about autism and how it might affect your child.
- Find out about other local and national services that can help you and your family.
- Receive support, advice and strategies that can help you to help your child.

Available via home visit or telephone.

Social Skills Groups

Lego & Football Sessions

For children who attend mainstream schools.

Mondays after school

Places must be booked

Stepping Up Courses

8 session courses for parents and carers of primary & secondary aged autistic children in mainstream schools.

Topics covered vary according to age group, but may include:

Understanding Diagnosis

Communication

Visual Supports

Understanding & Managing Rehaviour

Sensory Differences

Developing Social Skills

Places must be booked.

Clubs & Fun Days

- Trampolining sessions for ages 5-18 years.
- A Saturday Youth Club for 10-18 years
- Fun activities & Days out during school holidays.



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