

# Ecclesbourne Primary Academy

## Weekly menu

WEEK ONE: W/C 5/9, 26/9, 17/10, 14/11, 5/12, 9/1, 30/1/23



### Monday

Pizza Margherita or Sweet Pepper, Olive & Pesto  
Pizza with Chef's Salad  
Eggs, Milk, Soybeans, Wheat

### Tuesday

Cottage Pie with Caramelised Onion & Thyme Gravy

### Wednesday

Piri Piri Chicken with Sweetcorn Rice, Crunchy Coleslaw & Piri Piri Lemon & Herb Dressing  
Eggs, Milk, Mustard, Wheat

### Thursday

Beef Penne Pasta with Garlic & Herb Focaccia Bread  
Eggs, Milk, Soybeans, Wheat

### Friday

Battered Fish with Chips & Tomato Sauce  
Fish, Wheat

Indian Style Vegetable Biryani with Chickpea Dahl  
Wheat

Tomato & Basil Pasta with Cheddar Cheese & Herb Bread  
Eggs, Milk, Soybeans, Wheat

Red Pepper & Sweet Potato Pattie with Sweetcorn Rice, Crunchy Coleslaw & Piri Piri Lemon & Herb Dressing  
Eggs, Milk, Mustard, Wheat

Pasta Primavera with Garlic & Herb Focaccia Bread  
Eggs, Milk, Soybeans, Wheat

Wholemeal Cheddar Cheese & Spinach Quiche with Chips  
Eggs, Milk, Wheat

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Apple Crumble with Custard  
Milk, Wheat

Red Velvet Cake with Chocolate Sauce  
Eggs, Milk, Wheat

Portuguese Style Mini Orange Cake with Fresh Orange Wedges  
Eggs, Milk, Wheat

Berry Swirl Sponge with Custard  
Eggs, Milk, Wheat

Harrison Bear Chocolate Shortbread with Fresh Fruit Wedges  
Wheat

### Available daily

Please ask the catering manager for food allergen information

Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

### Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.

# Ecclesbourne Primary Academy

## Weekly menu

WEEK TWO: W/C 12/9, 3/10, 31/10, 21/11, 12/12, 16/1, 6/2/23



### Monday

Macaroni Cheese with Tomato & Basil Focaccia Bread  
Eggs, Milk, Soybeans, Wheat

### Tuesday

Jacket Potato with Mild Beef Chilli & Sour Cream  
Milk, Wheat  
Jacket Potato with Baked Beans & Cheddar Cheese  
Milk

### Wednesday

Chicken Tikka Masala with Pilau Rice  
Milk, Wheat

### Thursday

Beef Bolognese with Fusilli Pasta & Tomato & Herb Breadstick  
Eggs, Milk, Soybeans, Wheat

### Friday

Chicken Sausage Roll with Chips & Tomato Sauce  
Sulphites, Wheat

Sweet Potato Stir with Spiced Vegetable Rice

Thai Style Salmon Fishcake with Sweet Chilli Sauce & Coconut Pilaf  
Fish, Milk, Wheat

Sweet Potato, Carrot & Courgette Pakoras with Dhal & Pilau Rice  
Wheat

Tuscan Style Tomato & Bean Sauce with Fusilli Pasta & Chef's Salad  
Wheat

Chilli Bean Wrap with Salsa & Chips  
Wheat

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Lemon Sponge with Custard  
Eggs, Milk, Wheat

Carrot & Orange Cake with Custard  
Eggs, Milk, Wheat

Ice Cream with Fresh Fruit Wedges  
Milk

Marbled Sponge with Chocolate Sauce  
Eggs, Milk, Wheat

Oat & Raisin Cookie with Fresh Fruit Wedges  
Eggs, Wheat

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# Ecclesbourne Primary Academy

## Weekly menu

WEEK THREE: W/C 19/9, 10/10, 7/11, 28/11, 2/1, 23/1/23



### Monday

Italian Style Tomato & Herb Pasta with Garlic & Herb Breadstick  
Eggs, Milk, Soybeans, Wheat

### Tuesday

BBQ Style Chicken with Vegetable Rice & Winter Fruity Coleslaw  
Eggs, Milk, Mustard, Wheat

### Wednesday

Mexican Style Soft Chilli Beef Taco & Toppings (Cheese, Salsa, Sour Cream) with Refried Beans & Mexican Style Rice  
Milk, Wheat

### Thursday

Chicken Sausages with Mashed Potatoes

### Friday

Battered Fish with Chips & Tomato Sauce  
Fish, Wheat

Japanese Style Sweet Potato, Carrot & Chickpea Curry with Egg Fried Rice  
Eggs, Milk, Soybeans, Wheat

Cheese & Chive Vegetable Pasta with Tomato Focaccia Bread  
Eggs, Milk, Soybeans, Wheat

Mexican Style Vegetable Fajita & Toppings (Cheese, Salsa, Sour Cream) with Refried Beans & Mexican Style Rice  
Milk, Wheat

Pesto Style Pasta with a Mediterranean Style Salad with Olives & Croutons  
Eggs, Milk, Soybeans, Wheat

Carrot & Chickpea Falafel Pitta with Tomato Relish. Rainbow Ribbon Salad & Chips  
Mustard, Wheat

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Salad Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Vegetable Selection

Pineapple & Orange Sponge with Custard  
Eggs, Milk, Wheat

Apple & Berry Oat Bar with Custard  
Milk, Wheat

Jelly with Fresh Fruit Wedges

Chocolate Sponge with Chocolate Sauce  
Eggs, Milk, Wheat

Harrison Bear Lemon Shortbread with Fresh Fruit Wedges  
Wheat

### Available daily

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Salad Selection ~ Vegetable Selection ~ Homemade Bread ~ Fresh Fruit Platter ~ Yoghurt

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