

VIKING WARRIORS

Dressing as Viking warriors is easy! Use a brightly coloured adult "T" Shirt as an over-shirt and a normal size T shirt underneath for an undershirt. Your trousers can be baggy or straight-legged. Wear a cloak and a furry hat if you want.

Leg bindings are optional. These are very long lengths of material that are bound around your legs from your ankles to your knees. If you do wear leg bindings, make sure they are secure.

To make realistic chain mail, use old onion bags. Spray them silver. It looks good and weighs much less than the real thing. You can get old onion bags from supermarkets and greengrocers shops. Wear a belt around your waist over the top of your chain mail or over your shirt.



Don't forget to wear your **THOR'S HAMMER** with your Viking name.

VIKING HELMET

To make a Viking Helmet, you will need to measure your head very carefully.

Measure all the way around your head.

Remember to write this measurement down.

Then measure from the middle of your forehead over the top your head and from ear to ear.

Using thin cardboard make a frame or cradle this size.

Line your helmet with foil or thin card.

The "spectacle" is optional, so is the point on the top.

Paint your helmet black or grey.



VIKING SWORDS

In the picture you can see the handles or “hand grips” of four Viking Swords.
They put decoration on everything.



If making your sword from **cardboard**, see if you can make a hand grip like one of these. Please do not make your sword longer than **52cms**.

PLEASE NOTE!!!

Only soft foam swords and swords made from **CARDBOARD** will be allowed. If any of the weapons the children make are made from wood, these will be confiscated.

VIKING SHIELD

You will need a **LARGE** Circle of thick, strong cardboard.

A long strip of strong cardboard. A round yoghurt pot.

Some **long** split pins and some paint.

Sticky tape to cover the split pins.

Paint the yoghurt pot silver or grey.

Cut a hole, slightly smaller than your yoghurt pot in the back of your shield.

Paint your shield in colourful stripes or swirls.

Push the yoghurt pot through the back of the shield to act as a shield boss to protect your hand. Paint silver or grey

Attach the long strip of cardboard across the middle of your shield, over the hole with the yoghurt pot in it, with the split pins.

Cover the ends of the split pins with tape or plaster.



VIKING GIRLS

You will need a long underdress and calf-length pinafore dress.

Your **TORTOISE BROOCHES** are attached to the front of the pinafore dress.

Wear beads between your tortoise brooches. Your **Viking comb** and **girdle hangers** can be worn hanging from your brooches on long lengths of cord. Don't forget to put your Viking name on the comb. Viking women always wore headscarves. They would wear a cloak if it was very cold



The photograph opposite is the actual size of these brooches. Make your **TORTOISE BROOCHES** from oval pieces cardboard.

Decorate with pasta and paint gold or silver.

Stick a safety pin on the back, so you can pin your brooches to your pinafore.



These are girdle hangers, nobody knows whether they were just for decoration or had some practical use.

