KIT LIST

We do stress that it is not necessary to go out and buy all new and expensive kit to come on our trips. If you have appropriate footwear and some warm clothes you will be fine!

Large rucksack (or alternative bag/suitcase) **Small rucksack** (for daytime away from camp) Warm sleeping bag (season 3) 🗌 Roll Mat **Pillow** (optional) **Sleeping bag liner** (optional) **Tracksuit/hard-wearing trousers** T-Shirts Warm jumper / fleece Waterproof jacket and trousers ☐ Warm socks and underwear **Footwear** (2 pairs - walking boots/old trainers) Towel(s) **Wash Bag** (toothbrush, toothpaste & facewipes) Water bottle Whistle (optional) Good torch with fresh batteries Insect repellant Alcohol Hand Gel

WEATHER DEPENDANT:

- Wellington Boots
 Warm Hat
 Gloves
- ____ □ Sun Cream
- 🗌 Sun Hat

FAQ'S

ARE THE CUFFLEY INSTRUCTORS DBS CHECKED?

Yes, every member of our team has to pass through our Enhanced DBS procedure and will be checked for their suitability for their role at Cuffley.

WHAT QUALIFICATIONS/CERTIFICATIONS DO CUFFLEY INSTRUCTORS HAVE?

All our team have a great deal of experience running camps of this nature. Our instructors receive extensive in-house training prior to working on camps and additional qualifications for specialised activities such as High Ropes and archery.

HOW MANY MEMBERS OF STAFF WILL BE ON THE CAMP WITH THE CHILDREN?

All our camps operate within National Governing Body guidelines to ensure all key supervision ratios are met – school staff will be in addition to this.

WHAT ARE THE TOILETS LIKE?

At Cuffley we have a mix of flushing porta-loo style toilets, similar to those you may find at a festival, as well as more traditional toilet and shower blocks, dependant on your accomodation.

WILL THERE BE FEMALE MEMBERS OF STAFF?

We aim to provide at least one female member of staff. If you do require female staff members, please make us aware in advance.

WHAT HAPPENS IF IT RAINS?

Most of the time, activitites continue whatever the weather, as the extensive tree canopy protects from the worst of the weather. In extreme circumstances we can use our indoor spaces.

X We ask you do not bring sweets or snacks onto camp, particularly those containing nuts.X We also do not advise bringing electronic equipment, such as mobile phones.

COVID-19 PROCEDURES

We have conducted a comprehensive Covid-19 risk assessments to identify what operational changes we should make to minimise risk. The good news is that we are confident that we can operate safely at Cuffley Camp, whilst observing all the Covid-19 government safety guidance.

KEEP IN TOUCH

Cuffley, Active Learning Centre Carbone Hill, Cuffley, Potters Bar, Hertfordshire EN6 4PR

01235 467304 hello@cuffleycamp.co.uk @CuffleyOutdoors

