



THE PEGASUS ACADEMY TRUST



WHITEHORSE MANOR
INFANT SCHOOL



ECCLESBOURNE
PRIMARY SCHOOL



WHITEHORSE MANOR
JUNIOR SCHOOL



BEULAH INFANT &
NURSERY SCHOOL



CYPRESS
PRIMARY SCHOOL

Executive Headteachers:

Mr M J Roberts & Ms L D Sampson

Head of Upper School: Mrs N Carpenter

Head of Lower School: Mrs J Sorensen

16th December 2020

Advice to all parents - single case

Dear parents and carers,

We have been made aware that a member of our school community at the Upper School has tested positive for COVID 19.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The children who have been in close contact with the individual who has tested positive for coronavirus (COVID-19) have been sent home and informed that they must stay at home until Monday 21st December.

Please be assured that we have taken all precautions to keep children safe and operate in bubbles so that year groups do not mix whilst at school. Please see the Trust's risk assessment to read the full suite of measures in place at Cypress. Please visit:

<https://www.pegasusacademytrust.org/news/parents/autumn-2nd-half-term-update-from-pegasus>

This is the last day of school. You should collect your child at 3:15pm as normal.

What do I do if my child is a contact?

If your child has been sent home, you should keep them at home until the given isolation period is up (21st December), after this time they may resume normal activities. During this time, siblings may continue to attend school as normal. This is because your isolating child is a possible contact; they do not have symptoms of the virus.

CYPRESS PRIMARY SCHOOL

21 Cypress Road, London SE25 4AU

Telephone: 020 8653 2618 Email: cypressadmin@pegasusacademytrust.org

Web: www.pegasusacademytrust.org



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What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'support bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

If you are isolating, you should not go to work, school or visit public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> . If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

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How to stop the spread of Covid-19

There are things you can do to help reduce the risk of you and anyone you live with getting Covid-19

Do:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

More information can be found at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,

Mrs Carpenter
Head of School (Upper)

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