



THE PEGASUS ACADEMY TRUST



WHITEHORSE MANOR
INFANT SCHOOL



ECCLESBOURNE
PRIMARY SCHOOL



WHITEHORSE MANOR
JUNIOR SCHOOL



BEULAH INFANT &
NURSERY SCHOOL



CYPRESS
PRIMARY SCHOOL

Executive Headteachers:

Mr M J Roberts & Ms L D Sampson

Head of Upper School: Mrs N Carpenter

Head of Lower School: Mrs J Sorensen

Friday 8th December 2022

Dear Parents and Carers,

We are pleased to advise that Year 4 children have the opportunity to take part in a two-week intensive course of swimming lessons. The daily, hour-long sessions will be held at South Norwood Leisure Centre on Portland Road over a two-week period. It will be cold during this time, so please send your child with an outdoor hat, scarf and gloves alongside their winter coat for the journey to and from the baths. The arrangements for the lessons are as follows:

Rowan 13:00-14:00 Monday 9th January – Friday 20th January

Lime 13:00-14:00 Monday 23rd January - Friday 3rd February

Hawthorn 13:00-14:00 Monday 6th March – Friday 17th March

Children will have an early lunch in school at 11:45 so that we can leave school by 12:15pm. Children may have either a school dinner or packed lunch as usual. Children will return to school at approximately 3pm.

We will take the 196 bus from stop ST (South Norwood Hill) to Stanley Halls, then walk along Portland Road, accompanied by school adults and a parent helper who remain with the children at all times. Children will require a **swimming costume, a swimming hat and a towel, carried in a separate bag from their school bag**. Boys' swimwear must be designed for swimming and swimming shorts are to be above knee length (**i.e. not 'board' shorts**). This is a requirement of the leisure centre as 'board' shorts are usually too long and baggy which impacts on the smooth development of strokes. Girls are to wear a one-piece swimsuit. Children may wear goggles, hair should be tied back and stud earrings and watches removed. Children are welcome to bring a small, **healthy** snack to eat post-swim.

Swimming is a compulsory element of the curriculum and all children are expected to participate. To be considered proficient, children need be able to swim 25 metres (one length) and perform self-recovery manoeuvres by the end of KS2.

To make the lessons possible, each class will need a parent helper each day from 12:00pm-3:00pm. To register your interest, please speak to your child's class teacher.

Yours sincerely,

The Year 4 team.

CYPRESS PRIMARY SCHOOL

21 Cypress Road, London SE25 4AU

Telephone: 020 8653 2618 Email: cypressadmin@pegasusacademytrust.org

Web: www.pegasusacademytrust.org