



Beulah Infant School PE Sports Funding



Period: 2018/19

Overview

At Beulah Infant and Nursery School, we were awarded £17,390 for the academic year 2018/2019. This funding has allowed us to improve the quality and breadth of PE and sport provision, including increasing participation. The funding – provided jointly by the Departments for Education, Health and Culture, Media and Sport – has been allocated to all primary schools.

Specifically it is allocated to work towards our aims of:

- Increased participation in competitive sports and inter-school tournaments;
- Increased opportunity for children who demonstrate ability in sports to access better coaching;
- Improved resources and facilities for PE and school sport;
- Improved PE teaching through the development of teachers and other providers;
- Improved enjoyment in sport and increased uptake of sporting opportunities;
- Improved mindfulness for children.

At Beulah Infant and Nursery School, we recognise that sports and extra-curricular clubs play an important role in promoting healthy life styles, self-confidence and social inclusion. Therefore, we run a range of after school sports clubs that enable pupils of all abilities and interests to participate in sport.

The grant enables us to fund specialist providers, giving opportunities to work with the children over the year as well as working with supervisors during lunchtimes. This will allow us to fund specialist providers, giving opportunities for children to develop skills in a wider range of sports, improve their fitness levels and develop a better understanding of the importance of physical activity as part of a healthy lifestyle. We will purchase new equipment and resources to allow pupils to access these sports.

Our aims are to use the sports funding to further advance the skills and knowledge in different areas of the PE Curriculum. We would like our staff to have access to training opportunities and continued professional development in gymnastics, as this was an area that teachers felt they would like more training. We would also like our staff to have access to training opportunities and continued professional development in yoga techniques, to help improve the wellbeing of our children.

Expenditure

£185	Sports safe – professional inspection and repairs of apparatus
£2,000	Yoga & Mindfulness workshops CPD
£800	African dance workshops
£630	TA support extended school activities
£4,043	KS1 lunchtime support – multi-sports
£6,600	CPD- KS1 teachers
£3,000	TA Lead - lunchtimes team games/training
£17,258	TOTAL for this financial year

Success criteria

The impact of the new primary school sport funding on pupils' lifestyles and physical well-being is evaluated against the factors as outlined below:

- Developed key skills in PE, sports and gymnastics;
- Improved social and physical development and fitness;
- Provided an enjoyable, challenging sporting environment;
- Greater awareness of the importance of how physical activities foster a healthy lifestyle;
- Provided a range of sports that engage and challenge at an appropriate level for all children;
- Children have a better awareness of their thoughts and feelings and will be better at managing them.

Impact

This has helped to develop key skills as well as encouraging social and physical development and healthy life styles in an enjoyable sporting environment. It encourages each child to feel they are a valued member of the group and helps them to identify their preferred sport whilst ensuring they are participating at a level to challenge them.

The school has purchased a range of new PE equipment, which has enriched the curriculum, our activity clubs and our break times because children now have a variety of equipment to improve their skills in all areas of sporting activity.

We employ a sports coach to work with our pupils at lunchtime and this has resulted in the children accessing a range of physical activities with appropriate levels of challenge.

Employing an additional teaching assistant (TA) to support our activity club coaches has provided the opportunity for TAs to develop new skills and it has enhanced safeguarding.

Employing a play leader to train the lunchtime supervisors in team games has improved engagement and the standard of games on offer.

At Beulah Nursery and Infant School, we have focused on the professional development of all staff. Teachers and teaching assistants have had the opportunity to enhance their professional knowledge and understanding, based on self-assessment, in gymnastics and games. They have worked with a specialist teacher to improve their knowledge and teaching methods of these areas.

Using the funding for bespoke training modules in yoga and mindfulness for teachers has enabled them to share techniques with the children to help them relax and concentrate. The training workshops included classroom yoga, yoga for PE, transitional activities, breathing and calming exercises. Children's co-ordination, self-awareness, confidence and self-esteem has improved through gentle stretching and strengthening of the body.

Our Extended Services Leader organises an extensive range of alternative sports and after school clubs, which enables pupils of all abilities and interests to participate. These activities are designed to aid social and physical development and fitness, within an enjoyable sporting environment. Clubs include martial arts, football and ballet. Regular after school sessions strengthen the achievement and enjoyment of all pupils, including those with special educational needs and/or disabilities and pupils who are eligible for the Pupil Premium Grant.

Next academic year 2019-20

This funding will allow us to improve the quality and breadth of PE and sport provision, including increasing participation. Specifically it will be allocated to work towards our ongoing aims of:

- Increased opportunity for children who demonstrate ability in sports to access better coaching;
- Improved resources and facilities for PE and School Sport;
- Improved PE teaching through the development of teachers and other providers;
- Increased enjoyment in sport and increased uptake of sporting opportunities;
- Increased participation in competitive sports and inter-school tournaments;